

Chicken Fried Rice with Yellow Curry Serves 4

2 tablespoons of vegetable oil

1 tablespoon of Thai Yellow Curry - pre-made found at most grocery stores in Asian Foods section

1 chicken breast - Sliced thin

1/2 cup of red cabbage - sliced thin

1/2 cup of green cabbage - sliced thin

1/2 cup baby corn - chopped

1/4 cup carrots - diced small

10 long beans - sliced into 1/4" pieces

1 handful of Thai basil leaves

1 tablespoon of fish sauce

1/2 tablespoon of sugar

2 cups of jasmine rice - cooked

Option: 1 Thai red chili - sliced thin

Garnish: Red chilies, Thai sweet basil, cilantro or eatable flowers

Equipment Needed:

1 large sauté pan

1 wooden spoon or spatula

4 plates

Let's Cook!

- 1. Place sauté pan over medium-high heat + add oil to pan. (Warning! Be sure to turn on stove top fan curry can be strong) Once oil is hot add chicken + curry paste.
- 2. Using spatula spread out chicken + cook until light brown and curry is mixed together with chicken.
- 3. In order add to pan:
 - 1. Add red + green cabbage
 - 2. Add green beans
 - 3. Add baby corn + carrots
 - 4. Add red chili
 - 5. Add Thai basil leaves

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- 4. Stir all together until vegetables soften, about 1-2 minutes.
- 5. Add fish sauce + sugar, stir together.
- 6. Add rice to pan. Using spatula break apart rice + stir together with chicken mixture. To Plate:

Using spoon remove fried rice from sauté pan + place on plates. Top with garnish + enjoy!

